Designed by **BURGUNDY**

TRAVELLER'S GUIDE

TOP 10 OF THE BEST THINGS TO DISCOVER IN BURGUNDY



PORTRAITS

WINE CELLARS

CITIES & VILLAGES

CHARMING BURGUNDY



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ON WATER ON LAND

THEY SETTLED IN BURGUNDY

BURGUNDY AND ITS WINES

ACCESS

TGV / TGV RHIN-RHONE CONNECTIONS

Daily from Paris (including TGV Franco-Swiss Lyria) or Lille and serving: Montbard, Dijon, Dole, Beaune, Chalon-sur-Saône, Le Creusot and Mâcon

DIRECT LINK - CHARLES DE GAULLE AIRPORT

CDG Airport >> Dijon or Creusot-Montceau-Montchanin (every weekday evening)

Dijon or Creusot-Montceau-Montchanin >> CDG Airport (every weekday morning)

ROAD NETWORK

Motorways A6 / A31 / A37 / A36 / A40 / A404 / A42

NEARBY AIRPORTS

Lyon Saint Exupéry Airport: +33 4 26 00 70 07 / www.lyon.aeroport.fr

Geneva Airport: +0041 227 177 111 / www.gva.ch

Euro Airport Basel-Mulhouse-Fribourg: +33 3 89 90 31 11 / www.euroairport.com

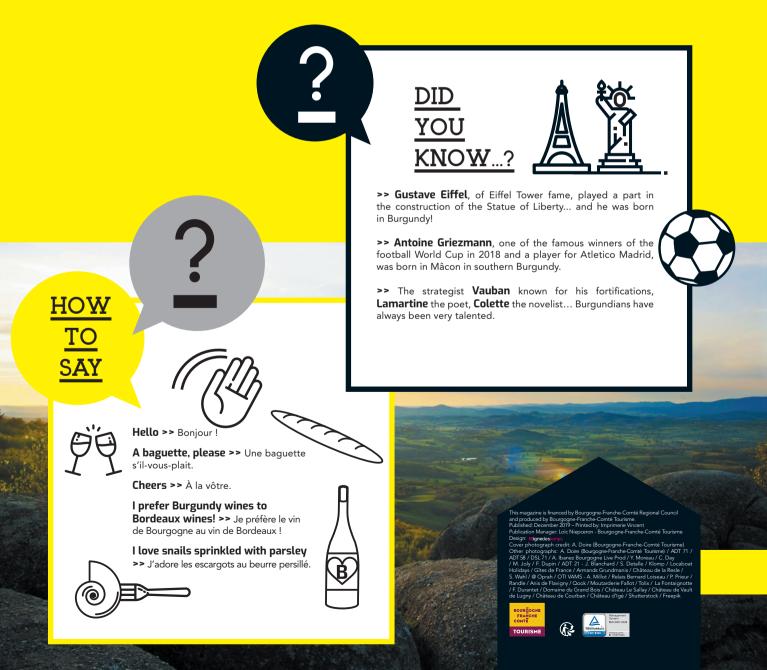
Dole Jura Airport: +33 3 84 72 04 26 / www.aeroportdolejura.com

Private jets at Dijon-Bourgogne Airport



Paris (Gare de Lyon) >> Dijon >> 1h40m (direct or stopping at Montbard) Paris (Gare de Lyon) >> Le Creusot-Montceau-Montchanin >> 1h20m

Paris (Gare de Lyon) >> Mâcon-Loché >> 1h35m Lyon (Part-Dieu) >> Dijon >>1h30m Paris / Ch. de Gaulle Airport >> Dijon >> 2h05m Geneva >> Mâcon-Loché >> 2h20m (1 change at Bourg-en-Bresse) Lausanne >> Dijon >> 2h00m Zürich >> Dijon >> 2h25m London >> Dijon >> 5h00m (1 change at Paris, for the Eurostar) More info at: www.oui.sncf



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IF YOU LOVE FRANCE, YOU WILL ADORE BURGUNDY. A DISTILLATION OF EVERYTHING FRANCE DOES BEST, JUST AN HOUR AND A HALF FROM PARIS.

Everyone knows the reputation of French wines: Burgundy produces the finest vintages in the heart of its thousand-year-old vineyards. For history enthusiasts, open the doors to culture in Burgundy: richly preserved Roman abbeys where the chants of the monks still resonate, and no fewer than 4 sites that have been classified by Unesco. Your taste buds will go wild when you hear all about French gastronomy: chefs sublimely combining regional products and sometimes revisiting legendary dishes like boeuf bourguignon. Why not sample them in the heart of the delightful city of Dijon, with its bright facades clad in Burgundy stone? If you dream of France's great natural areas: cycling or boat trips along the canals are all great ways to discover Burgundy's lakes, forests and beautiful countryside and charming villages nestled in hilltops.

Burgundy – and its so-French delights – draws on its gentle landscapes, its legends and its people to provide visitors with hedonistic, inspiring and aesthetic experiences. A program fully Designed by Burgundy.



If you are wondering what constitutes the essence of France, Burgundy will give you a glimpse into it, with its elegance, its flavours and its nuances. Those with an epicurean soul, nature lovers and history enthusiasts will adore its hidden treasures. OF THE BEST THINGS TO DISCOVER IN BURGUNDY



CASTRONOMIC SPECIALITIES blackcurrants, gingerbread, mustard, snails... which you can try from local producers or prepared by celebrated chefs.

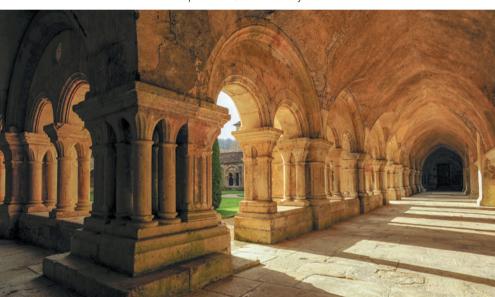
VINEYARDS V 33 exceptional Grands Crus and some of the finest wines in the world.





☆ VÉZELAY BASILICA a famous stop on the Way of Saint James of Compostela.

FONTENAY ABBEY V the oldest preserved Cistercian abbey in the world.



CANCY-LE-FRANC an example of Renaissance château along the Burgundy canal.





☆ ROCHE DE SOLUTRÉ startling and spectacular, a real French national treasure near Mâcon. From its summit the 360° panorama over the vines is breath-taking.

PARC NATUREL RÉGIONAL DU MORVAN including lakes and forests, wide open spaces allowing you to get a breath of fresh air.



CANALS 🕹

the greatest network of rivers and canals in France, most of which are navigable, including the Canal de Bourgogne, the Canal du Centre and the Canal du Nivernais.



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☆ DIJON the elegant Capital of the Dukes of Burgundy.



<u>"BEING A BURGUNDIAN</u> IS A STATE OF MIND"

JOHAN BOUMAN

THEY SETTLED IN BURGUNDY



For Dutch people, being a Burgundian does not just mean living in Burgundy. It is a state of mind. We chose this region as it is easy to get to from Holland, close to Paris and on the way to the south of France. In 2005, we purchased Château de la Resle and 5 years later, following the renovation work, we opened our first guesthouse.

Since then, we have been sharing our passion for modern art with our Anglo-Saxon and Parisian customers.

We recommend the places we love most to them: Abbaye de Fontenay, for example, or on a rather different note, Chablis wines!

Where in Burgundy? In the north of Burgundy, between Chablis and Auxerre.



A CASTLE B&B

At Château de la Resle, the owners have chosen to perfectly combine a period building with modern art - with stunning results. This establishment, which has been tastefully decorated, provides its visitors with a restful and relaxing atmosphere, to spend a weekend just 2 hours from Paris.

www.chateaudelaresle.com

"IT IS IDEALL<mark>Y</mark> LOCATED WI<mark>THIN</mark> FRANCE"

<u>"I AM LIVING</u> MY AMERICAN DREAM IN BURGUNDY"

PAUL DAY

English, in Burgundy for 23 years, sculptor

When I was young, I studied art in college. I had a chance to go on an exchange to the towns of Vézelay and Autun, which helped me to discover Burgundy. It is ideally located within France, although it was only later that we decided to settle here. The region possesses an indisputable wealth of culture and heritage, playing host to lots of people from other countries, making it a vibrant mix of cultures. Something which has contributed to our appreciation of this beautiful region is the people here in Burgundy. They welcomed us in slightly reserved fashion initially, but with wonderful frankness, generosity and an open mind.

Where in Burgundy?

The Ouche valley, west of Dijon, is perfect for barge cruises through the Canal de Bourgogne.

DISCOVER ART FOR YOURSELF

A well-renowned sculptor, Paul Day has even impressed the Queen of England with his work. His monumental bronze works of art most famously include "The Meeting Place", which sits proudly in St Pancras station and is well worth seeing. A unique style, combining realism with epic proportions that you can see in the park of the luxury hotel Abbaye de la Bussière.

www.pauldaysculpture.com

DAVID LA BEAUME

American, in Burgundy for 37 years, Managing Director of France Montgolfières

When I arrived in 1981 from New Jersey, I explored Burgundy via its various canals. I worked as a barman on a barge hotel, which I later captained. 4 years later, the sky was my limit when I developed my own hot air balloon trip business for tourists. I set up close to Semur-en-Auxois, north of Dijon, and I never left! Whenever my family come to visit me, they delight in the genuine sense of freedom... and they cannot resist the call of the delicious cheeses.

Ileft the USA without any regrets, I love my Burgundian home with its stones and its authenticity. I am living my American dream in Burgundy!

Where in Burgundy?

Wherever the wind blows you in the Burgundian sky.



FLY AWAY IN A HOT AIR BALLON

Who has never dreamt of flying? France Montgolfières provides you with the possibility of discovering Burgundy's magnificent landscapes from the sky. A unique experience to enjoy as a couple, or with friends, at sunset or sunrise for an even more majestic spectacle.

www.france-balloons.com





BURGUNDY AND 'S WINES

Pommard, Montrachet, Vosne-Romanée, Pouilly-Fumé... no need for translations. The names of these famous crus resonate with wine lovers across the whole world, and they will be enthralled to discover the birthplace of these wines in Burgundy, where the work begun by Cistercian monks in the Middle Ages is being continued. The latter began producing altar wine, before extending the production areas for commercial purposes.

commercial purposes. In autumn, during grape picking season, the ritual has remained the same and the rows of vines become a hive of activity: the bunches of grapes are delicately picked to produce, a few months later, exceptional wines. The red wines are mainly produced from a variety of pinot noir, whereas the white wines use chardonnay grapes. Strength, power, purity, fruity aromas... every wine has its own character, making up the great diversity within the family of Burgundy wines. Did you know...? Chardonnay is also a Burgundy village where Chardonnay Day is celebrated every year: a delicious event which is also shared by American people fond of Burgundian wines.

In order to promote better understanding of them, winemakers open up their vineyards for guided tasting sessions: you only need to follow the five dedicated itineraries, one of which is the legendary *Route des Grands Crus*, 60 kilometres long, connecting Dijon to Santenay; its 80th year of existence was celebrated in 2017.

www.bourgogne-wines.com



CHARDONNAY DAY ...

There are a lot of special 'Days' in the year... But this one has a special flavour, in every sense of the word. Created around 10 years ago in the United States, Chardonnay Day celebrates the "cépage" (wine variety) that is exported all over the world. But let's get back to its origins. Chardonnay is also the birthplace of the wine, a village located between Chalon-sur-Saône and Mâcon. Chablis, côtes de Nuits côtes de Boauna, wo'vo loct count sur-Saöne and Macon. Chablis, côtes de Nuits, côtes de Beaune... we've lost count of the exceptional white wines that have come out of Chardonnay. So, what could be more natural than to celebrate Chardonnay Day in Burgundy? Every year, in May, the winegrowers welcome epicurean visitors for wine tastings and visits, in a festive and musical atmosphere.



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OUR SELECTION OF WINE CELLARS WHICH PROVIDE TASTINGS:

The Domaine Comte Senard in Aloxe-Corton invites you to discover their exceptional wines from the Corton Hill with a special menu. www.domainesenard.com

>> The Domaine Serge Dagueneau & Filles in Pouilly-sur-Loire

near the river Loire where for more than four generations, the family has shared a common passion: working the vineyard and making wine. www.s-dagueneau-filles.fr

>> The Domaine of Château de Chamirey in Mercurey is located in Mercurey's best terroirs and covers 95 acres, 38 are located amongst the appellation's most renowned Premiers Crus. www.chamirey.com

>> The Domaine Laroche in Chablis

the shop, near the Obédiencerie, lets you experience the real Are of Senses in the heart of Chablis. You can taste all the fabulous wines www.larochewines.com



9 Burgundy vineyards are labelled as 'Vignobles & Découvertes' (Vineyards & Discoveries): in these vineyards, cellars, restaurants, there are guaranteed activities to give visitors a warm welcome as well as wine tours.

IDEAL MATCHES [ADVICE FROM THE SOMMELIER PERRINE PRIEUR]

Because the success of a meal also depends on the harmonious match between the wine and the menu which is served. Perrine Prieur, a Burgundian and a sommelier who runs her own boutique in Atlanta in the U.S., lets us in on her secrets.

http://perrineswine.com



A Burgundian picnic with gougères and jambon persillé, washed down with **CHABLIS**, a light wine infused with minerals and the aromas of white flowers.



FOR A PICNIC



FOR A ROMANTIC DINNER

A 2012 CHARMES-CHAMBERTIN Grand Cru. With its aroma of black cherries and its hints of mushroom, it goes perfectly with duck breast.

A **GEVREY-CHAMBERTIN** with its beautiful structure, rich with its notes of wild strawberry.



FOR A FAMILY BARBECUE



FOR AN AFTER-DINNER DRINK

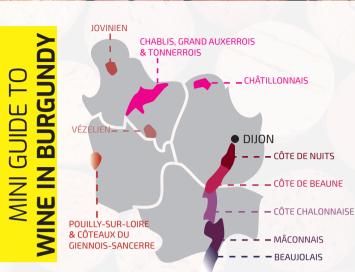
A Burgundy sparkling **CRÉMANT** wine, of course. A wonderful alternative to champagne with its delicate bubbles and hints of fresh brioche and roasted almonds.

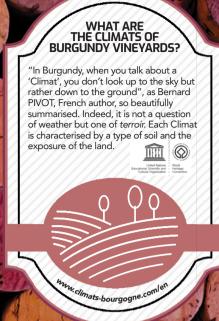
Le **RATAFIA:** an alternative to Palo Cortado Sherry, a Spanish wine. On the palate, its nutty flavours reveal themselves and go perfectly with a molten chocolate cake, the ultimate in naughty treats.



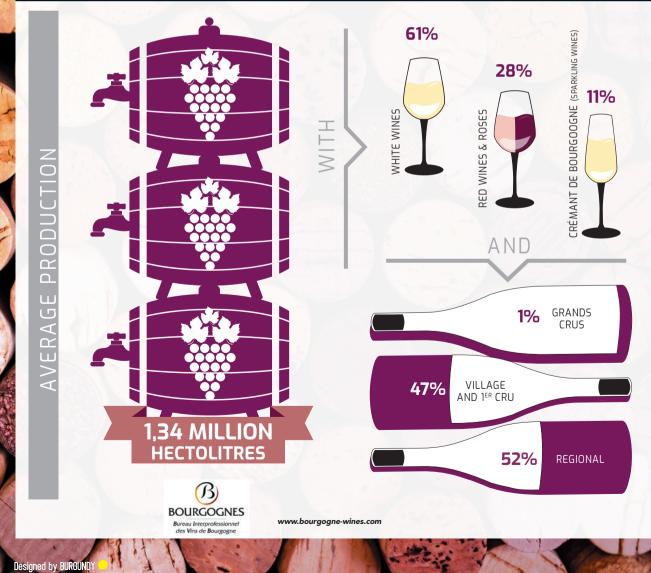
FOR A DESSERT WITH FRIENDS

WINE CELLARS





BURGUNDY VINEYARDS IN NUMBERS



5 THINGS THAT PROVE YOU HAVE COMETOBURGUNDY AND LOVED IT

You have a souvenir glass from the Saint-Vincent Tournante: every year at the end of January, Burgundians celebrate the patron saint of vintners throughout a big weekend of festivities and tastings. A different wine-producing village plays host to the many visitors every year. The 75th edition will take place in Vézelay in 2019.

2 YOU AREN'T SURPRISED TO HEAR "LE BAN BOURGUIGNON": AT FIRST, YOU MAY FIND THIS A BIT ODD, BUT THE CHORUS AND THE TYPICAL ACTIONS WHICH GO WITH IT ARE SYNONYMOUS WITH FESTIVITIES AND CELEBRATIONS IN ALL BURGUNDIAN FAMILIES. LALA-LALA-LALALALALERE!

Your t-shirt is stained purple: because you have had the unique experience of participating in the grape picking. Picking grapes is sometimes a difficult job, but what a source of pride to think that the new vintage will soon be ready to drink. Another unforgettable moment: la paulée, the big meal which is held to celebrate the end of wine picking in every winery.

4 You have a friend who is a knight. A knight (or chevalier) of the Tastevin, a member of one of the most famous Orders who celebrate the wines of Burgundy. Their headquarter: the elegant chateau of Le Clos de Yougeot. Many Bacchic and gastronomical orders still exist in Burgundy.

5 YOU CAN'T CHOOSE BETWEEN A CI-TROEN DS, A VINTAGE ROLLS ROYCE, A 2CV OR AN HARLEY DAVIDSON: A MUST FOR TRAVELLING ALONG TYPICAL BUR-GUNDIAN ROADS BETWEEN VINES AND VILLAGES. ANOTHER GREAT OPPORTU-NITY TO MEET OTHER ENTHUSIASTS IS THE DURING THE MANY VINTAGE CAR RALLIES ORGANISED THROUGHOUT THE REGION.

THERE ARE NUITS-SAINT-GEORGES WINE LABELS ON THE MOON

In 1971, a few labels were placed by American astronauts in a Moon crater which has since been named "Saint Georges Crater", a splendid tribute to Jules Verne's novel, "From the Earth to the Moon".

HITCHCOCK HAD 2 PASSIONS: THE CINEMA AND BURGUNDY WINES

Enjoy a new opportunity to watch Notorious with the great Cary Grant and Ingrid Bergman. At the heart of the story, a bottle of Pommard 1934 that hides many secrets. But we don't want to tell you anymore...

BURGUNDY WINES ARE ONLY FOR CONNOISSEURS

TRUE OR FALSE?

The huge diversity of wines available in Burgundy allow everyone to enjoy a tasting session. Furthermore, vintners are always willing to provide advice and tasting lessons are available in many locations.

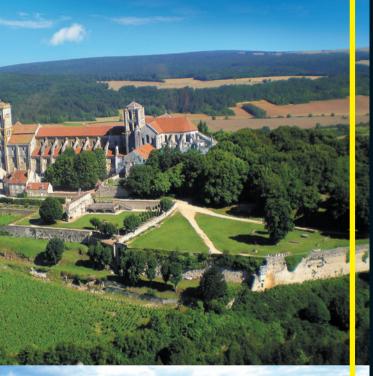
RED WINE FROM BURGUNDY HAS ALWAYS BEEN PRODUCED USING PINOT NOIR GRAPES

In the past, the gamay variety was used, until Philip II of Burgundy, known as Philip the Bold, got involved, writing an edict in favour of pinot. And why? The pinot variety's ability to produce more complex wines, which had more power to boost the reputation of Burgundian wine producers.

UNESCO WORLD HERITAGE BURGUNDY TREASURES

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HALLMARKS OF THE ABUNDANCE OF BURGUNDIAN HERITAGE, THE SITES WHICH HAVE OBTAINED UNESCO WORLD HERITAGE CLASSIFICATION CONSTITUTE ESSENTIAL STAGING POSTS FOR A VOYAGE TO THE VERY HEART OF FRANCE'S INCREDIBLE HISTORY. IN BURGUNDY,





4 SITES HAVE RECEIVED THIS DISTINCTION: 4 PRESTIGIOUS LOCATIONS.

1/ UNIQUE IN THE HEART OF THE CLIMATS, TERROIRS OF BURGUNDY

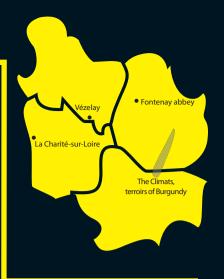
The excellence of the wines produced

The region's most recent addition, the Climats, terroirs of Burgundy, obtained UNESCO World Heritage classification in 2015. Every wine which is produced in a Climat, and therefore a certain area or terroir, has its own individual taste. There are exactly 1247 Climats which come one after another along a narrow strip of territory running from Dijon to the Maranges, south of Beaune; among them, there are some famous names, like Chambertin, Romanée-Conti, Clos de Vougeot and Montrachet... A spectacular sight in the autumn: this mosaic of vines is adorned with golden reflections, the hillside "catches fire".

2/ GRANDIOSE AT LA CHARITÉ-SUR-LOIRE

The veritable heart of the historical town, the Priory in La Charité-sur-Loire is well known for its unusual size - the Notre-Dame church is almost 120 metres in length! Today, the site is home to many treasures and a major restoration project in order to protect it. On the outside, the chevet is highly impressive with its Roman arches and the richness of its sculpted decors. Inside, your eyes will instinctively look upwards to admire the architecture, bathed in the softened light which passes through the stained-glass windows. Many pilgrimages stop here, and it was then classified as part of the Way of Saint James of Compostela by UNESCO.





3/ BREATHTAKING IN VÉZELAY

The panorama from the parvis of the basilica

Having held UNESCO World Heritage classification for 40 years in 2019, the Sainte-Madeleine basilica in Vézelay sits atop what is known as the Eternal Hill. A gentle promontory from which the Burgundian countryside provides a 100% natural view with Morvan, its hills and forests. After the stunning view, time to take a closer look: the church's stunning and well-preserved Roman architecture, notably its gateway and its sculpted capitals. A last detour before going back to the nearby vineyard will let you discover a refined white wine.

4/ MARVEL AT FONTENAY ABBEY: PEACE RADIATES FROM THE CLOISTER

The serenity emanating from the cloister

You will easily be able to imagine the monks going from arch to arch, savouring the peace and quiet of this site. Fontenay Abbey obtained World Heritage status in 1981 and it was founded in 1118 by Saint Bernard of Clairvaux. Its simple yet majestic architecture can only impress visitors, who can wander from the church to the refectory via what used to be the forge. The way the site is organised is typical of the design of Cistercian abbeys and served as an inspiration for many communities in subsequent years. Particular mention should be made of the abbey gardens which are geometrical, elegant and immaculate, a place where you can take time out to meditate in the shade of the 200-year old plane tree. In 2018, the abbey has also celebrated its 900th anniversary.



BURGUNDY HAS MANY VILLAGES...

... and cities which are full of character, where visitors can enjoy a stroll, seeing every corner of every street offer up new delights and treasures.

THE MOST MEDIEVAL: Châteauneuf-en-Auxois and its medieval fortress overlooking the Canal de Bourgogne.

THE MOST NOSTALGIC:

Flavigny-sur-Ozerain with the gentle perfume of aniseed enveloping the village. Head to the workshop to choose your flavours. Immerse yourself in the world of *Chocolat*, the film with Juliette Binoche and Johnny Depp which was filmed here.

WE LOVE TOURNUS FOR... its gastronomy. The town has 4 starred chefs but only 6,200 inhabitants, each and every one an epicurean! The historic heart of the city, the Saint-Philibert abbey celebrates 1000 years in 2019.

THE MOST ARTISTIC:

Noyers-sur-Serein, a genuine movie set, has created real harmony between its half-timbered houses and contemporary art galleries.

Flavigny-sur-Ozerain

• Auxerre Novers-sur-Sere

Lorme



Nevers

Donzy

Joigny

Chalon-sur-Saône

Ir-en-Brionnai

Tournus

CITES & VILLAGES CHARMING BURGUNDY

THE MOST SPIRITUAL:

Semur-en-Brionnais where Hugues de Semur, founder of Cluny Abbey, was born. Take a few minutes to meditate in the heart of the beautiful Collegiate Church.

<u>WE LOVE JOIGNY FOR...</u> its beautiful timber-framed houses and its market with fantastic local produce.

THE MOST VINTAGE:

Many a little treasure can be found among the stalls of the **Lormes** boutiques, a paradise for bargain hunters.

<u>WE LOVE DONZY:</u> With the river Nohain flowing through it, a river which was formerly the water supply for the Maupertuis mill, which has now been turned into an ecomuseum.



Chalon-sur-Saône like a local

>> Discover the birth place of the photo in the city of Nicéphore Niepce, inventor of photography

>> Your eyes will light up at the street arts festival in July: Chalon dans la Rue is an unforgettable visit

>> Try a Chalonnais glass of wine

Auxerre like a local

>> Admire the Saint-Germain Abbey and the Saint-Etienne Cathedral from the banks of the Yonne

>> Go back in time by looking at the beautiful half-timbered houses

>> Ride a bike for a ride along the Yonne

Nevers like a local

>> Walk along the banks of the Loire

>> Discover Nevers' earthenware dishes with a century of expertise >> Visit the elegant Ducal Palace



WATER

HERE'S OUR SELECTION OF ACTIVITIES

8 a.m. and the sun is rising, dappling the Canal de Bourgogne with its narrow rays, creating a myriad of subtle reflections. In the distance, at the top of a gently sloping hill, the towers of a castle dating back to the Middle Ages complete the panorama formed by this delightful countryside. Elegant and nuanced, Burgundy takes a different appearance every day, but becomes ever more beautiful season after season, making it seem a bit like Tuscany. Each person will be able to take time to explore Burgundy as they please: in a contemplative or an active fashion – take your pick.

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<u>THE TOUR DE</u> <u>BOURGOGNE</u> À YÉLO®



>> FOR THOSE WHO WANT TO MAKE SURE

THEY SEE ABSOLUTELY EVERYTHING

The name of this 800km circuit tells the whole story, made up of 6 itineraries including the Canal du Nivernais which runs along the water front or the *Voie des Vignes* which runs alongside the *Route des Grands Crus*. Some sections use the EuroVelo 6 which links the Black Sea to the Atlantic Ocean, letting you see more!



You will definitely need to wear a helmet for this 330km itinerary: in the heart of Morvan, you will travel up hill and down dale, to the delight of those with a taste for sport and who are ready to rush along these tracks amid a natural setting. Forests, lakes, granitic rocks...

a distillation of Burgundy's most beautiful natural areas. GTM is also the starting point of a longer route that continues to the Massif Central (GTMC) and the Mediterranean Sea.

FOR BICYCLES, DON'T MISS:



the Accueil Vélo[©] label The equivalent

of Bett & Bike in Germany, for example. The partners involved in this label provide a specific service to tourists travelling on bicycles: for example, a bicycle garage, repair kit or provision of a picnic.

www.burgundy-waterways.com www.burgundy-by-bike.com https://tourisme.parcdumorvan.org

TAKE A DIP IN THE BEAUTIFUL 6 LAKES OF MORVAN

And for those who don't want to get wet, catamarans, canoes and even paddle boards are available for hire. With just a few strokes of your paddle, you will be almost alone in the world, soothed by the lapping of the water. Take a deep breath!

WELCOME

ABOARD

THE CANAL DE BOURGOGNE AND THE CANAL DU NIVERNAIS BY BOAT

>>FOR A JOURNEY THROUGH TIME

Renaissance chateaux, Cistercian abbey, legendary site of the Battle of Alesia...: on the banks of the Canal de Bourgogne, you can relive history in 3D as your boat sails along peacefully! The Canal du Nivernais is a much more wild and natural setting and it will lead you through a landscape which contains hints of the Amazon jungle.

<u>TAKE A WALK UP</u> <u>THE ROCHE DE</u> SOLUTRÉ ON FOOT

>> FOR FANTASTIC PANORAMIC VIEWS

In the department of Saône-et-Loire, the top of the Roche de Solutré is 495 metres above sea level: a site which rises from the centre of the vineyards and is classified as a "Grand Site de France". It can be explored thanks to various marked hiking trails.

FOR HIKING, DON'T MISS:

As true epicureans, people from Burgundy often combine physical activities with delicious food.

So, try doing the same as them and take a Burgundystyle picnic: a slice of *jambon persillé*, a generous piece of local cheese along with some bread... perfect for recharging the batteries!

<u>THE</u> SAÔNE

Go along the Saône on the Moselle, a soothing route which follows beautiful natural and historical stops.

THE LOIRE

>> TO EXPLORE ONE OF THE LAST WILD RIVERS IN EUROPE

Whether you are in a canoe or a kayak, or out for a sunset cruise, the flora and fauna of the Loire are there in front of your very eyes - an incredible sight.

FOR BOATS, DON'T MISS:

there is plenty of sea surrounding France... but that's not the only water!

Burgundy has one of the biggest networks of rivers and canals in France, with more than 1200 kilometres of waterways. Take control by driving a rental boat or use a hotel barge and don't worry about anything.

BON APPÉTIT

BOEUF BOL

SO DELICIOUS

Recipe: a revamped classic, left as a legacy by the great Chef at the famous Relais Bernard Loiseau in Saulieu.

Prepare the marinade 24 hours beforehand. In a stainless-steel saucepan, bring the red wine to the boil and set it alight. Then allow to cool completely.

Meanwhile, peel the carrots and the large onions. Chop them coarsely. Prepare the meat (if necessary) and cut it into pieces of approximately 70g (3-4cm cubes).

Put the carrots, onions and meat into a deep dish. Cover the ingredients with wine and place the dish in the refrigerator for 24 hours.

Cook the boeuf bourguignon. Strain the meat and the vegetables separately. Collect up the wine. Heat 3 tablespoons of oil in an ovenproof casserole dish and brown the meat in it for 5 min. Season with salt and ground pepper. Then add the garnish of marinated vegetables. Allow to cook for 4 more minutes.

Prepare the aromatic garnish (while the beef is cooking). Peel, wash and "glaze" the button onions: place them in a saucepan with 20g of butter and entirely cover them with water. Add the 1/2 tablespoon of caster sugar. Cover with baking paper cut into a circle (matching the diameter of the saucepan). Bring to the boil and allow to reduce over medium heat. When the water has evaporated, remove the sheet of baking paper and brown the onions in the remaining butter and sugar to caramelise them. Season them with salt and pepper when they have finished cooking.

INGREDIENTS

1.8kg chuck steak 200g carrot 200g button mushrooms 200g semi-salted belly pork 2 cloves of garlic 20g butter Bouquet garni 1 litre of red Burgundy wine 10cl oil 1/2 tablespoon of caster sugar 200g button onions Ground pepper/Salt 3 tablespoons balsamic vinegar 2 onions

Add the balsamic vinegar and allow it to fully reduce. Put aside the glazed (i.e. covered with a shiny film) button onions. Remove the rind and cartilage from the semi-salted belly pork. Cut into lardons. Blanch these lardons, i.e. put them into boiling water and boil for 1 min. Heat 1 tablespoon of oil in a frying pan to fry the lardons. When they are nicely browned, place them onto some kitchen roll to absorb the fat.

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8

Peel and wash the button mushrooms. Drain them and cut them into quarters. Fry them with 1 tablespoon of oil in a frying pan. Season them when they have finished cooking then place on kitchen roll to soak up the fat.

Reheat the boeuf bourguignon one last time on a high heat. Add the lardons and mushrooms, in addition to the button onions. Serve very hot in a deep dish, along with some mashed potatoes or a pasta bake.

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IRGUIGNON



Bernard Loiseau, the great Michelin star winning chef, made his mark on the history of French gastronomy. His story, his cuisine and his establishments are, without a shadow of a doubt, a major part of Burgundian heritage. Le Relais Bernard Loiseau, in Saulieu is a 5-star hotel Spa Relais & Châteaux. A true haven of peace where people who enjoy good living and the French culinary arts come to stay. Dominique Loiseau, his wife who took over the hotel, loves to take personal responsibility for the well-being and satisfaction of each and every guest. Chef Patrick Bertron takes over the kitchen, the former right-hand man of Bernard Loiseau.

To meet these expectations, Dominique Loiseau opened Villa Loiseau des Sens in 2017. Rest and relaxation are the watchwords of this new establishment dedicated to pleasure and well-being. A Zen pool, steam room, solarium, treatment cabins and seminar rooms have all been designed as part of an overall Zen atmosphere. Exclusively, the signature treatments based on Burgundy blackcurrants developed by Dominique Loiseau herself are available there. Naturally, the restaurant's menu has been specially put together using organic and local products. Special mention should also be made of the living roof with its beehives, providing the honey which is served to customers.

www.bernard-loiseau.com

WHERE CAN YOU EAT A GOOD BOEUF BOURGUIGNON?

IN NEW YORK

>> Madison Bistrot "Restaurant français": impossible to go wrong, it's written on the front! On Madison Avenue, this establishment serves a tasty bistro cuisine, under the orders of Claude Godard, a Burgundian living in the United States since 1998.

IN LONDON

>> Brasserie Zedel

All the atmosphere of Parisian brasseries can be found here, in a typical Art Deco style. As far as the cuisine is concerned, flavour is very much the watchword. Would you like a bit more boeuf bourguignon?

IN SYDNEY

>> **Bistro Papillon** This French restaurant is one of the best restaurants in Sydney. An institution which knows all about

serving classic dishes.

For a fantastic dish, you need a good recipe but also high quality products. Burgundian specialities, such as Bresse chicken and Charolais meat, are distinguished by Protected Designation of Origin (PDO), a sign of excellence. Meet the producers or stroll around the markets and fill your basket with tasty products. Finally, discover these products anew on the menus of the best restaurants.





GRAND HÔTEL LA CLOCHE in Dijon

This Hausmann-style building has been a real symbol of the Burgundian lifestyle for decades. Located in the centre of Dijon, the five-star hotel embodies luxury, elegance and prestige.

Don't be surprised if you suddenly see Luc Besson walking in the landscaped garden or relaxing in the spa.

>> www.hotel-lacloche.fr

CHÂTEAU DE COURBAN & SPA

in Courban

Courban Château-spa provides a refined and gentle welcome, right next to the recently created national forest. This is a place to unwind, enjoy the Nuxe spa and forget the rest of the world for a weekend. The tranquil atmosphere helps guests to retreat to a warm cocoon, where they can enjoy a wellearned rest... and fine dining!

>> chateaudecourban.com/en

CHAMBRE D'HÔTES LA FONTAIGNOTTE in Semur-en-Auxois

La Fontaignotte guesthouse in Semur-en-Auxois, a beautiful fortified city, is an unusual place that dates back to the 17th century, yet is seemingly untouched by the passage of time. The decor marries classical and contemporary charm to give a cocooning atmosphere in a property that is full of character. Make yourself at home and settle in to one of the house's five traditional rooms.

>> www.lafontaignotte.com

DOMAINE DU GRAND BOIS in Gimouille

You have the choice of being near the woods or by the pond in one of the Grand Bois cottages! These charming little wooden homes provide a simple welcome, so you can get back in touch with nature. A guarantee of holidays that are 100% relaxation with a range of activities to suit all tastes! Swimming pool, pedalos, mini-golf... You won't be bored, but you might have trouble getting the kids to leave!

>> www.grand-bois.com/en

<u>CHÂTEAU HÔTEL LE SALLAY</u> --

in Saincaize

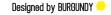
Sallay castle, a 16th century gem, was recently converted into a hotel to the delight of passing visitors. Follow in the steps of ancient lords down the corridors of this fabulous building, enjoy the luxury of a night in one of the property's elegant rooms, and taste the delicate flavours of French gastronomy in the restaurant... an exceptional destination that caters for many weddings and receptions every year.

>> en.lesallay.fr





















CHÂTEAU DE CHAMIREY

in Mercurey

The « Clos du Roi » is a former winegrower's dwelling and charming guest house at Chamirey, set in the heart of the greatest vineyards in France. Here you can sample wines in the traditional cellar, with the certainty that you will be tasting only the most select vintages... Its situation and unspoiled panoramic view over the vineyards make it a unique location: you won't get tired of breakfasts on the terrace, watching the sun's ascent.

>> www.chamirey.com

CHÂTEAU D'IGÉ in Igé

Enjoy wandering aimlessly through the vines that lead to Château d'Igé. Nestled in a charming, verdant hamlet, this 18th century feudal castle is full of character. The furnishings and medieval décor guarantee an authentic atmosphere, with all the modern comforts. The castle's immense park affords fabulous walks among trees that are centuries old. These also frame the swimming pool, ideal for a refreshing dip.

>> www.chateaudige.com/en

HÔTEL DE LA POSTE in Charolles

At Charolles, Frédéric and Anne invite you in to the Doucet house, a charming dwelling that is now a 4-star hotel, adjoining the gastronomic restaurant. Here, authenticity and friendliness are the order of the day, as the couple pay particular attention to their guests' comfort. Admire the refined, designer decor of this ideal choice for a romantic break.

>> www.maison-doucet.com/en

LA CÔTE SAINT-JACQUES in Joigny

Situated at the gates of the Burgundy region, the Côte Saint-Jacques & Spa is the perfect place for foodies in search of well-being and relaxation. Guests are cocooned in a unique experience: a 800 square-meter free access spa, a two-starred gourmet restaurant, a panoramic view of the river Yonne... And did you know that the chef Jean-Michel Lorain has just opened a new restaurant in Bangkok?

>> www.cotesaintjacques.com/en

CHÂTEAU DE VAULT DE LUGNY in Vault de Lugny

Come in through a veritable royal entrance to this 18th century castle! Once you have passed the fortifications and moat, you will be able to luxuriate in one of the royal suites, featuring some original furniture, and taste the finest Burgundy vintages in the fortress cellar. Here you can fully appreciate the refined French lifestyle and traditions that have lost nothing of their charm over their centuries.

>> lugny.fr/en



MADE INBURGUNDY



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0 P R A H W I N F R E Y LOVES B U R G U N D Y H I - T E C H C O O K I N G ! Set up in Burgundy, the Seb brand is revolutionising how we cook chips as it takes just a teaspoon of oil to cook them - a system which blew away the queen of American TV, Oprah Winfrey. As a self-confessed "microwave meal" chef, she also praised the Qooq tablet which is resistant to splashes and heat. This item which connects to your device offers more than 3000 recipes to users.

> www.seb.fr www.qooq.com



REDISCOVER BURGUNDY

COOL:

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SAYING "YES" AGAIN IN FRONT OF THE MAYOR OF SAINT-AMOUR, A SMALL VILLAGE IN THE SAÔNE-ET-LOIRE DEPARTMENT.

HIPSTER:

GOING FOR BRUNCH AT THE HALLES DE DIJON EVERY SUNDAY FROM JUNE TO SEPTEMBER ONLY WITH <u>RESERVATION.</u>

QUIRKY:

GETTING THE IMPRESSION THAT GANDALF AND HIS HOBBIT FRIENDS ARE GOING TO SHOW UP AT ANY MOMENT WHEN YOU SPEND A NIGHT AT DOMAINE DE LA PIERRE RONDE. >> www.domainedelapierreronde.com

COOL:

ALMOST WALKING ON WATER AND SLEEPING IN A LAKE CABIN IN THE HEART OF MORVAN AREA. >> www.cabanes-lacustres.fr

HIPSTER:

WEARING THE SAME SOCKS AS THOSE GIVEN TO THE PRESIDENT OF FRANCE BY THE PERRIN BRAND, WHICH MANUFACTURES ITS VARIOUS MODELS IN SOUTHERN BURGUNDY. >> https://chaussette-perrin.com

QUIRKY:

Tasting some Gallic dishes in Bibracte or declaiming some words in the Roman theatre in Autun. >> www.bibracte.fr >> www.autun-tourisme.com

COOL:

YOU'LL BE SPEECHLESS IN FRONT OF THE GUÉDELON CASTLE, A BUILDING PROJECT WHICH TOOK 20 YEARS, USING ONLY BYGONE TECHNIQUES. CONTINUE YOUR JOURNEY TO MEET ARTISTS IN PUISAYE-FORTERRE, NORTH BURGUNDY. >> www.guedelon.fr

FRANCE Adore

Love

BURGUNDY

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burgundy-tourism.com

